



CHURCH *of the*
INCARNATION

The Fourth Sunday in Lent

March 14, 2021

Traditional Service

THE HOLY COMMUNION

Thank you for joining us for worship this morning. Due to ongoing restrictions on congregational singing, the choir alone will offer all sung portions of today's liturgy.

The 7:30 am service is spoken with no music.

Musical Setting at 11:15 am: *Missa Ave Regina cælorum*, by Giovanni Pierluigi da Palestrina (c. 1525–1594)

Organ Voluntary

Sonata No. 4 in B flat

Felix Mendelssohn (1809–1847)

THE ENTRANCE RITE

Introit: *Lætare Jerusalem*

REJOICE ye with Jerusalem; and be ye glad for her, all ye that delight in her: exult and sing for joy with her, all ye that in sadness mourn for her: that ye may suck, and be satisfied with the breasts of her consolations. *Ps.* I was glad when they said unto me: we will go into the house of the Lord.

Hymn 620

Jerusalem, my happy home

Land of Rest

Celebrant ✠ Bless the Lord who forgiveth all our sins.

People His mercy endureth for ever.

The Celebrant says the Collect for Purity and Summary of the Law.

Kyrie

Spoken at 7:30 and 9:00, and sung by the choir at 11:15.

Celebrant Lord, have mercy upon us.

People Christ, have mercy upon us.

Celebrant Lord, have mercy upon us.

The Collects

Celebrant The Lord be with you.

People And with thy spirit.

Celebrant Let us pray.

GRANT, we beseech thee, Almighty God, that we, who for our evil deeds do worthily deserve to be punished, by the comfort of thy grace may mercifully be relieved; through our Lord and Savior Jesus Christ, who liveth and reigneth with thee, in the unity of the Holy Ghost, ever one God, world without end. *Amen.*

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all those who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. *Amen.*

THE LESSONS

The Old Testament Lesson [*The Epistle is read here at 9 am*]

Exodus 16:2–7a

AND the whole congregation of the people of Israel murmured against Moses and Aaron in the wilderness, and said to them, “Would that we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate bread to the full; for you have brought us out into this wilderness to kill this whole assembly with hunger.” Then the LORD said to Moses, “Behold, I will rain bread from heaven for you; and the people shall go out and gather a day’s portion every day, that I may prove them, whether they will walk in my law or not. On the sixth day, when they prepare what they bring in, it will be twice as much as they gather daily.” So Moses and Aaron said to all the people of Israel, “At evening you shall know that it was the LORD who brought you out of the land of Egypt, and in the morning you shall see the glory of the Lord, because he has heard your murmurings against the LORD.”

The Word of the Lord.

People

Thanks be to God.

Psalm 122

Tone IV

I WAS glad when they said unto me, *
We will go into the house of the LORD.
Our feet shall stand in thy gates, *
O Jerusalem.
Jerusalem is built as a city *
that is at unity in itself.
For thither the tribes go up, even the tribes of the LORD, *
to testify unto Israel, to give thanks unto the Name of the LORD.
For there is the seat of judgment, *
even the seat of the house of David.
O pray for the peace of Jerusalem; *
they shall prosper that love thee.
Peace be within thy walls, *
and plenteousness within thy palaces.
For my brethren and companions’ sakes, *
I will wish thee prosperity.
Yea, because of the house of the LORD our God, *
I will seek to do thee good.

The Epistle

Galatians 4:21–31

TELL me, you who desire to be under law, do you not hear the law? For it is written that Abraham had two sons, one by a slave and one by a free woman. But the son of the slave was born according to the flesh, the son of the free woman through promise. Now this is an allegory: these women are two covenants. One is from Mount Sinai, bearing children for slavery; she is Hagar. Now Hagar is Mount Sinai in Arabia; she corresponds to the present Jerusalem, for she is in slavery with her children. But the Jerusalem above is free, and she is our mother. For it is written, “Rejoice, O barren one who does not bear; break forth and shout, you who are not in travail; for the children of the desolate one are many more than the children of her that is married.” Now we, brethren, like Isaac, are children of promise. But as at that time he who was born according to the flesh persecuted him who was born according to the Spirit, so it is now. But what does the scripture say? “Cast out the slave and her son; for the son of the slave shall not inherit with the son of the free woman.” So, brethren, we are not children of the slave but of the free woman.

The Word of the Lord.

People

Thanks be to God.

Hymn 312

Strengthen for service, Lord

Malabar

The Gospel

John 6:1–14

Deacon The Holy Gospel of our Lord Jesus Christ according to Saint John.

People Glory be to thee, O Lord.

JESUS went to the other side of the Sea of Galilee, which is the Sea of Tiberias. And a multitude followed him, because they saw the signs which he did on those who were diseased. Jesus went up on the mountain, and there sat down with his disciples. Now the Passover, the feast of the Jews, was at hand. Lifting up his eyes, then, and seeing that a multitude was coming to him, Jesus said to Philip, “How are we to buy bread, so that these people may eat?” This he said to test him, for he himself knew what he would do. Philip answered him, “Two hundred denarii would not buy enough bread for each of them to get a little.” One of his disciples, Andrew, Simon Peter’s brother, said to him, “There is a lad here who has five barley loaves and two fish; but what are they among so many?” Jesus said, “Make the people sit down.” Now there was much grass in the place; so the men sat down, in number about five thousand. Jesus then took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. And when they had eaten their fill, he told his disciples, “Gather up the fragments left over, that nothing may be lost.” So they gathered them up and filled twelve baskets with fragments from the five barley loaves, left by those who had eaten. When the people saw the sign which he had done, they said, “This is indeed the prophet who is to come into the world!”

The Gospel of the Lord.

People

Praise be to thee, O Christ.

THE SERMON

Father John Sundara

THE NICENE CREED

I BELIEVE in one God, the Father Almighty, maker of heaven and earth, and of all things visible and invisible;

And in one Lord Jesus Christ, the only begotten Son of God, begotten of his Father before all worlds, God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father; by whom all things were made; who for us men and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man; and was crucified also for us under Pontius Pilate; he suffered and was buried; and the third day he rose again according to the Scriptures, and ascended into heaven, and sitteth on the right hand of the Father; and he shall come again, with glory, to judge both the quick and the dead; whose kingdom shall have no end.

And I believe in the Holy Ghost, the Lord, and Giver of Life, who proceedeth from the Father and the Son; who with the Father and the Son together is worshiped and glorified; who spake by the Prophets. And I believe one holy Catholic and Apostolic Church; I acknowledge one Baptism for the remission of sins; and I look for the resurrection of the dead, ☩ and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

The Deacon says

With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

Each petition concludes

Deacon Let us pray to the Lord.

People Lord, have mercy.

The prayers conclude in this way

Deacon In the communion of the ever-blessed Virgin Mary and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

People To thee, O Lord our God.

The Celebrant adds a concluding Collect.

CONFESSION OF SIN

The Deacon says

Let us humbly confess our sins unto Almighty God.

ALmighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

The Celebrant stands and gives the Absolution.

THE PEACE

Celebrant The peace of the Lord be always with you.
People And with thy spirit.

All greet one another in the name of the Lord.

Birthday Prayer

Watch over thy children, O Lord, as their days increase; bless and guide them wherever they may be; strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace which passeth understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

OFFERTORY

The Minister begins the Offertory with a sentence of Scripture.

Motet

SUPER flumina Babylonis,
Illic sedimus et flevimus,
Dum recordaremur tui, Sion.
In salicibus in medio ejus,
Suspendimus organa nostra.

Giovanni Pierluigi da Palestrina
*By the waters of Babylon
We sat down and wept
When we remembered you, Sion:
On the willow trees which grow in their midst did
We hang our harps.*

Psalm 137:1-2

THE GREAT THANKSGIVING

Celebrant The Lord be with you.
People And with thy spirit.
Celebrant Lift up your hearts.
People We lift them up unto the Lord.

Celebrant Let us give thanks unto our Lord God.
People It is meet and right so to do.

The Celebrant continues with the Preface, which concludes

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus & Benedictus *Spoken at 7:30 and 9:00, and sung by the choir at 11:15.*

HOLY, HOLY, HOLY, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.

✠ Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.

THE CANON OF THE EUCHARIST

The Celebrant continues with the Eucharistic Prayer on BCP page 334. The prayer concludes

By whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. *AMEN.*

Communion Devotions

Celebrant And now, as our Savior Christ hath taught us, we are bold to say,

Celebrant and People say the Lord's Prayer.

The Celebrant breaks the consecrated Bread and a period of silence is kept.

Celebrant Christ our Passover is sacrificed for us;
People Therefore let us keep the feast.

People and Celebrant

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Celebrant The Gifts of God for the People of God.

Agnus Dei *Spoken at 7:30 and 9:00, and sung by the choir at 11:15.*

Celebrant O Lamb of God, that takest away the sins of the world,
People have mercy upon us.

Celebrant O Lamb of God, that takest away the sins of the world,
People have mercy upon us.

Celebrant O Lamb of God, that takest away the sins of the world,
People grant us thy peace.

Please remain kneeling. Holy Communion will be brought to you in your pew.

Instructions for Holy Communion

All Christians who have been baptized with water and in the Name of the Father, the Son and the Holy Spirit, and are permitted to receive Holy Communion in their own church, are welcome to do so on this occasion.

Communion is received in the following way: a priest places the Bread in the palm of your hand, which you then consume. If you do not wish to receive Communion, simply cross your arms over your chest.

Please feel free to consult with a member of the clergy if you have more questions.

For those watching at home who are unable to make their Communion today:

Soul of Christ, sanctify me. Body of Christ, save me; blood of Christ, inebriate me; water from the side of Christ, wash me; passion of Christ, strengthen me; o good Jesus, hear me; within thy wounds hide me; suffer me not to be separated from thee; from the malicious enemy defend me; in the hour of my death call me, and bid me come to thee. That with thy saints I may praise thee for ever and ever. Amen.

Motet

Giovanni Pierluigi da Palestrina

EGO sum panis vivus.
Patres vestri maducaverunt manna
In deserto et mortui sunt.
Hic est panis de cælo descendens:
Si quis ex ipso manducaverit non morietur.

*I am the living bread.
Your forefathers ate manna
In the desert and are dead;
This is living bread from heaven:
Whoever eats it shall not die.*

John 6:48–50

CONCLUDING RITES

Celebrant Let us pray.

ALmighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Celebrant stands and gives the blessing.

Deacon Let us bless the Lord.

People Thanks be to God.

Hymn 474

When I survey the wondrous cross

Rockingham

Organ Voluntary

Allegro, Chorale, and Fugue

Felix Mendelssohn

Altar Arrangements

Are given to the glory of God...

in thanksgiving for Annabelle Carleton Small
and in memory of Harriet & Henry Clarke

Choral Evensong

Webcast and in-person at 5 pm | This evening's music will be:

Voluntary: *Andante in D*, Charles Wood

Responses: Smith

Psalms 19 & 46: Walmisley & Luther

Canticles: *Evening Service in E flat (No. 2)*, Charles Wood

Anthem: *I waited for the Lord*, Felix Mendelssohn

Voluntary: *Attende Domine*, Jeanne Demessieux

ON THE CALENDAR

MY NEXT 90

LENT AND EASTERTIDE

Begin a spiritual discipline this Lent to read essential passages from the Bible. Sign up to receive the daily readings and devotionals at incarnation.org/mynext90.

LECTURE: THE LONG GAME OF FRIENDSHIP

TONIGHT • 6 PM

Join Fr. Victor Austin's lecture that makes the biblical case that being fully human is to be able to live with others as friends. It is a "long game" because it is the primary characteristic of life in the world to come.

DISCIPLESHIP: JOURNEYING WITH JESUS

SUNDAY, MARCH 21 • 9 AM & 11:15 AM

DiscipleShip is a fun and engaging 30-minute children's program that teaches the Bible through liturgy, story and activities, and shares how we can all grow up to be like Jesus!

HANNAH

SUNDAY, MARCH 28 • 4 PM **ONLINE VIA ZOOM**

This is an open discussion for women and couples experiencing infertility, miscarriage, or infant loss. Meets every other Sunday.

EVENT DETAILS & REGISTRATION

INCARNATION.ORG/EVENTS

holy week

PALM SUNDAY

SUNDAY, MARCH 28

MAUNDY THURSDAY

THURSDAY, APRIL 1

GOOD FRIDAY

FRIDAY, APRIL 2

EASTER VIGIL

SATURDAY, APRIL 3

EASTER SUNDAY

SUNDAY, APRIL 4

View all service times and activities online:

INCARNATION.ORG/HOLY-WEEK



WEEKLY ENEWS

The weekly eNews, our official church electronic newsletter, is the most up-to-date way to receive info about upcoming events. Make sure that you are registered to receive this email by going to incarnation.org/enews.



WEEKLY READINGS

This week's readings may be found in the Book of Common Prayer, pg. 954, 4 Lent.

CHURCH *of the* INCARNATION

A parish in the Episcopal Diocese of Dallas and a member of the worldwide Anglican Communion.

MAIN CAMPUS

3966 McKinney Ave. • Dallas, TX 75204

NORTH CAMPUS

12727 Hillcrest Rd. • Dallas, TX 75230

INCARNATION.ORG

214-521-5101

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WHERE YOU CAN DIGITALLY FILL
OUT THIS FORM, SUBMIT A PRAYER
REQUEST, OR MAKE A DONATION
ONLINE INSTANTLY, VISIT:

INCARNATION.ORG/CONNECT

TODAY'S DATE _____

I AM A: ☐ FIRST-TIME GUEST

☐ RETURNING GUEST ☐ REGULAR ATTENDEE

CIRCLE ONE: MR. MRS. MS. DR. OTHER
NAME(S) _____

CHILDREN NAMES & AGES _____

NEW TO INCARNATION *or* NEED TO UPDATE US?

ADDRESS _____

CITY _____

STATE _____ ZIP _____

EMAIL _____

PHONE _____

BIRTHDAY _____

HOW DID YOU HEAR ABOUT US?

- | | |
|--|--|
| <input type="checkbox"/> SIGNAGE/BANNERS | <input type="checkbox"/> THEOLOGY LIVE |
| <input type="checkbox"/> FRIEND | <input type="checkbox"/> SPECIAL EVENT |
| <input type="checkbox"/> WEBSITE | <input type="checkbox"/> CONCERT |
| <input type="checkbox"/> DRIVE PAST | <input type="checkbox"/> INC. ACADEMY |
| <input type="checkbox"/> FACEBOOK | <input type="checkbox"/> WRR 101.1 |
| <input type="checkbox"/> INSTAGRAM | <input type="checkbox"/> WEEKDAY CLASS |

SERVICE(S) I ATTENDED TODAY:

- | | |
|---|---|
| <input type="checkbox"/> 7:30 AM
TRADITIONAL | <input type="checkbox"/> 11:15 AM
TRADITIONAL |
| <input type="checkbox"/> 9 AM
TRADITIONAL | <input type="checkbox"/> 11:15 AM
CONTEMPORARY |
| <input type="checkbox"/> 9 AM
CONTEMPORARY | <input type="checkbox"/> 5 PM
EVENSONG |

I WOULD LIKE MORE INFORMATION ON:

- ☐ BECOMING A MEMBER OF INCARNATION
- ☐ CLASSES & PROGRAMS FOR:
- | | |
|-----------------------------------|---------------------------------------|
| <input type="checkbox"/> CHILDREN | <input type="checkbox"/> YOUNG ADULTS |
| <input type="checkbox"/> STUDENTS | <input type="checkbox"/> ADULTS |
- ☐ MUSIC AT INCARNATION
- ☐ OUTREACH, MISSIONS, &
COMMUNITY SERVICE
- ☐ GROWTH GROUPS
- ☐ PLEASE HAVE A MEMBER OF THE CLERGY
CONTACT ME. THE BEST TIME IS:

[illegible][illegible][illegible]