The Seventh Sunday after Pentecost
July 19, 2020
Traditional Service
The Holy Communion

Organ Voluntary
Solemn Melody

Henry Walford Davies (1869–1941)

The Entrance Rite

Introit: Dominus fortitudo

The LORD is the strength of his people, and a stronghold of salvation to his Anointed One: O LORD, save thine own people, and give thy blessing unto thine inheritance; O feed them also, and set them up for ever. Psalm. Unto thee will I cry, O LORD; my God, be not silent unto me: lest, if thou make as though thou hearest not, I become like them that go down into the pit.

Hymn 296

We know that Christ is raised and dies no more

Engelberg

We know that Christ is raised and dies no more. Embraced by death he broke its fearful hold; and our despair he turned to blazing joy. Alleluia!

We share by water in his saving death. Reborn we share with him an Easter life as living members of a living Christ. Alleluia!

The Father’s splendor clothes the Son with life. The Spirit’s power shakes the Church of God. Baptized we live with God the Three in One. Alleluia!

A new creation comes to life and grows as Christ’s new body takes on flesh and blood. The universe restored and whole will sing: Alleluia! Amen.

Celebrant ✝ Blessed be God: Father, Son, and Holy Spirit.
People And blessed be his kingdom, now and for ever. Amen.

The Celebrant says the Collect for Purity.
Kyrie

Lord, have mercy upon us. Christ, have mercy upon us.

Gloria in excelsis

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty, O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy;
The Collect
Celebrant The Lord be with you.
People And with thy spirit.
Celebrant Let us pray.

O God, who hast prepared for those who love thee such good things as pass man's understanding; Pour into our hearts such love toward thee, that we, loving thee above all things, may obtain thy promises, which exceed all that we can desire; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee, in the unity of the Holy Ghost, ever one God, world without end. Amen.

The Lessons
The Old Testament Lesson: Genesis 4:2b–15

Now Abel was a keeper of sheep, and Cain a tiller of the ground. In the course of time Cain brought to the Lord an offering of the fruit of the ground, and Abel brought of the firstlings of his flock and of their fat portions. And the Lord had regard for Abel and his offering, but for Cain and his offering he had no regard. So Cain was very angry, and his countenance fell. The Lord said to Cain, “Why are you angry, and why has your countenance fallen? If you do well, will you not be accepted? And if you do not do well, sin is couching at the door; its desire is for you, but you must master it.” Cain said to Abel his brother, “Let us go out to the field.” And when they were in the field, Cain rose up against his brother Abel, and killed him. Then the Lord said to Cain, “Where is Abel your brother?” He said, “I do not know; am I my brother’s keeper?” And the Lord said, “What have you done? The voice of your brother’s blood is crying to me from the ground. And now you are cursed from the ground, which has opened its mouth to receive your brother’s blood from your hand. When you till the ground, it shall no longer yield to you its strength; you shall be a fugitive and a wanderer on the earth.” Cain said to the Lord, “My punishment is greater than I can bear. Behold, thou hast driven me this day away from the ground; and from thy face I shall be hidden; and I shall be a fugitive and a wanderer on the earth, and whoever finds me will slay me.” Then the Lord said to him, “Not so! If any one slays Cain, vengeance shall be taken on him sevenfold.” And the Lord put a mark on Cain, lest any who came upon him should kill him.

The Word of the Lord.

People Thanks be to God.
Psalm 90:12–17  
*Sung by the choir to a chant by W. Parratt.*

So teach us to number our days, *  
that we may apply our hearts unto wisdom.

Turn thee again, O **Lord**, at the last, *  
and be gracious unto thy servants.

O satisfy us with thy mercy, and that soon: *  
so shall we rejoice and be glad all the days of our life.

Comfort us again now after the time that thou hast plagued us; *  
and for the years wherein we have suffered adversity.

Show thy servants thy work, *  
and their children thy glory.

And the glorious majesty of the **Lord** our God be upon us: *  
prosper thou the work of our hands upon us; O prosper thou our handy-work.

**The Epistle:** Romans 6:3–11

Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? We were buried therefore with him by baptism into death, so that as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life. For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the sinful body might be destroyed, and we might no longer be enslaved to sin. For he who has died is freed from sin. But if we have died with Christ, we believe that we shall also live with him. For we know that Christ being raised from the dead will never die again; death no longer has dominion over him. The death he died he died to sin, once for all, but the life he lives he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

The Word of the Lord.

**People** Thanks be to God.

**Hymn 704**

O thou who camest from above

(continued next page)
1 O thou who camest from above the fire celestial
2 There let it for thy glory burn with everlasting
3 Jesus, confirm my heart’s desire to work, and speak, and think for thee; still let me guard the faith and love repeat, till death thy endless
4 Still let me prove thy perfect will, my acts of sacred love upon the altar of my heart.
source return in humble prayer and fervent praise.
ho - ly fire and still stir up the gift in me.
mer - cies seal, and make the sac - ri - fice com - plete.

Words: Charles Wesley (1707-1788), alt.  Music: Hereford, Samuel Sebastian Wesley (1810-1876)
The Gospel: Matthew 5:20–26

Celebrant The Holy Gospel of our Lord Jesus Christ according to Saint Matthew.

People Glory be to thee, O Lord.

Jesus said, “For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven. ‘You have heard that it was said to the men of old, ‘You shall not kill; and whoever kills shall be liable to judgment.’ But I say to you that every one who is angry with his brother shall be liable to judgment; whoever insults his brother shall be liable to the council, and whoever says, ‘You fool!’ shall be liable to the hell of fire. So if you are offering your gift at the altar, and there remember that your brother has something against you, leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift. Make friends quickly with your accuser, while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison; truly, I say to you, you will never get out till you have paid the last penny.”

The Gospel of the Lord.

People Praise be to thee, O Christ.

Sermon

Father Chase Skorburg

The Nicene Creed

I believe in one God, the Father Almighty, maker of heaven and earth, and of all things visible and invisible;

And in one Lord Jesus Christ, the only begotten Son of God, begotten of his Father before all worlds, God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father; by whom all things were made; who for us men and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man; and was crucified also for us under Pontius Pilate; he suffered and was buried; and the third day he rose again according to the Scriptures, and ascended into heaven, and sitteth on the right hand of the Father; and he shall come again, with glory, to judge both the quick and the dead; whose kingdom shall have no end.

And I believe in the Holy Ghost, the Lord, and Giver of Life, who proceedeth from the Father and the Son; who with the Father and the Son together is worshiped and glorified; who spake by the Prophets. And I believe one holy Catholic and Apostolic Church; I acknowledge one Baptism for the remission of sins; and I look for the resurrection of the dead, ✠ and the life of the world to come. Amen.

The Prayers of the People

The Minister says

Let us pray for the whole state of Christ’s Church and the world.

Each petition concludes

Minister Lord, in thy mercy

People Hear our prayer.
The prayers conclude in this way
Minister Grant these our prayers, O Father, for Jesus Christ’s sake, our only Mediator and Advocate.
People Amen.

The Celebrant adds a concluding Collect.

CONFESSION OF SIN

The Minister says
Let us humbly confess our sins unto Almighty God.

Almighty God,

All
Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ’s sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen. The Celebrant stands and gives the Absolution.

THE PEACE

Celebrant The peace of the Lord be always with you.
People And with thy spirit.

All greet one another in the name of the Lord.

Birthday Prayer
Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be; strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace which passeth understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

OFFERTORY

The Minister begins the Offertory with a sentence of Scripture.

Anthem John Goss (1800–1880)
If we believe that Jesus died and rose again, even so them also which sleep in Jesus will God bring with him. Wherefore comfort one another with these words.

1 Thessalonians 4:14, 18

Doxology
Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host; praise Father, Son, and Holy Ghost. Amen.
The Great Thanksgiving

Celebrant and People say the Lord's Prayer.

The Celebrant breaks the consecrated Bread and a period of silence is kept.
Celebrant  Alleluia. Christ our Passover is sacrificed for us;
People    Therefore let us keep the feast. Alleluia.

People and Celebrant
We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Celebrant  The Gifts of God for the People of God.

Agnus Dei

For those watching at home who are unable to make their Communion today:
Soul of Christ, sanctify me.
Body of Christ, save me;
Blood of Christ, inebriate me;
Water from the side of Christ, wash me;
Passion of Christ, strengthen me;
O good Jesus, hear me;
Within thy wounds hide me;
Suffer me not to be separated from thee;
In the hour of my death call me,
And bid me come to thee.
That with thy Saints I may praise thee
For ever and ever. Amen.
AnthemHenry Walford Davies
Blessed are the pure in heart, for they shall see our God; the secret of the Lord is theirs, their soul is Christ’s abode. Still to the lowly soul he doth himself impart, and for his cradle and his throne chooseth the pure in heart.

John Keble (1792–1866)

**CONCLUDING RITES**

*Celebrant* Let us pray.

Almighty and everliving God,

*Celebrant and People*
we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

*The Celebrant stands and gives the blessing.*

*Deacon* Let us go forth in the name of Christ.

*People* Thanks be to God.

**Hymn 544**

Jesus shall reign where’er the sun

*Duke Street*

(continued next page)
Organ Voluntary

Flourish for an Occasion

William Henry Harris (1883–1973)
Altar Arrangements

Are given to the glory of God...

and in loving memory of The Reverend Father
Paul Waddell Pritchatt, 12th Rector, and his
beloved wife Dale Smith Pritchatt
WEDNESDAYS, 10 AM–2 PM

Consider picking up extra cleaning supplies each time you visit the grocery store to continue supporting our neighbors to keep their families safe from the coronavirus. Recipients of your donations include refugees from Gateway of Grace and our neighbors in the Roseland community. Help us to continue making an impact by dropping off groceries at either campus on Wednesdays.

Want more info? Email Mission & Outreach at outreach@incarnation.org.

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EVENING PRAYER
4:40 PM DAILY

Join David Beadle, our seminarian intern, will lead Evening Prayer services Monday through Thursday each week.

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WEEKLY ENEWS
The weekly eNews, our official church electronic newsletter, is the most up-to-date way to receive info about upcoming events. Make sure that you are registered to receive this email by going to incarnation.org/enews.

WEEKLY READINGS
This week’s readings may be found in the Book of Common Prayer, pg. 977, Proper 11.

CHURCH of the INCARNATION
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