Today’s Bible story is

**Jonah and the Big Fish**
from Jonah 1–4.

**Tell**

**Jonah runs away from God, and a fish swallows him.**

Ask each other what you remember about:
- Jonah
- Nineveh
- Tarshish
- Prophet
- Prophecy

Today, Nineveh is the site of Mosul, Iraq.

**Read the whole story together in the Bible. Then say this prayer together.**

Plan a meal with fish as the main course, or have a snack with fish crackers. Offer this prayer.

Dear God, thank you for sticking with us even though we misunderstand, mistrust and resist your directions. Help us tell your story. In Jesus’ name we pray. Amen.

**Talk about it**

**Family Conversations**

1. **What do you think it would be like to travel inside a big fish?**

2. **What difficult things have you been asked to do?**

3. **How does God help us do difficult things?**

4. **Jonah gets really angry with God towards the end of this story. God can handle our anger. Take turns practicing “angry prayers” as well as prayers of thanksgiving and prayers asking for help. Go ahead and stomp your feet and wave your arms and throw a magnificent tantrum, then pick yourself up and say “Thank you, Lord, for sticking with me!”**

**Eye Spark**

What fish can you see? When you spot them, think of Jonah and his ride.

**Ear Spark**

What sounds can you hear that make you think of the sea? Boats? Fish?

**Live it**

**For families to do together**

Play a game of Go Fish as a family and remember Jonah.

**For younger kids**

Have some goldfish crackers as a snack. Share them with someone who is often left out.

**For older kids**

Jonah was in the Mediterranean Sea. Go online to research what large fish might have lived in that sea or other bodies of water during Jonah’s time.

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